

WEEKLY SCHOOL LUNCH MENU

© 2023 by www.hadizabagudu.com

DAY	WEEK 1 - MENU
Monday	Spaghetti and Stew with Apple
Tuesday	Fried Yam and Egg with Banana
Wednesday	Jolof Rice and Egg with Mango
Thursday	Shawarma with Fruit Salad
Friday	Fried Rice and Chicken with Pear
Saturday	Toast Bread and Butter with Banana and Orange
Sunday	Rice and Beef Stew with Grapes

DAY	WEEK 2 - MENU
Monday	Samosa and Spring rolls with Banana
Tuesday	Chineseese Rice and Eggs with Apple
Wednesday	Potatoes Pottage with Orange
Thursday	Basmati Rice and Vegetable Sauce with Pear
Friday	Meat Pie with Fruit Salad
Saturday	Pounded Yam and Chicken Sauce with Dates
Sunday	Fried Yam and Eggs with Grapes